

REGISTRATION FORM

Contact Information

Phone Number

Solo Competitor or Team Captain

Address

City

State

Zip

Email

Solo Information:

Sex: M__ F__

Age: ____

Shirt Sizes: S__M__L__XL__XXL__

Team Information:

Team Name

Team Members Names	Sex	Age	Shirt Size
Cyclist:			
Paddler:			
Paddler:			
Runner:			

Category: (Must choose only one)

SOLO

Youth (16 & under)

Male

Female

Male Master (55+)

Female Master (55+)

TEAM

Youth (all 16 & under)

Male

Female

Coed

Family

Advanced

Master (all 55+)

Payment: (Forms must be postmarked or submitted by June 25 for pre-registration)

SOLO - \$20.00; Late registration \$30.00

TEAM - \$20.00 per member (max team payment is \$60.00); Late registration \$30.00 per member (max team payment \$90.00)

Make checks payable to: RideRiverRun Triathlon & Relay

Mail to: RideRiverRun Triathlon & Relay, c/o Shaena Muldoon, PO Box 44, Eggleston, VA 24086.

For more information on volunteering, sponsorships, general race information please contact Shaena Muldoon at (540)250-3337 or smuldoon@rideriverrun.com